Milton Public Health Department

What do we do?

Why do we do it?
Mission Statement:

Our mission is to achieve the highest level of wellness for all Milton residents by adopting reasonable health regulations, by providing preventative health programming and by preparing and planning for public health emergencies.
Staff Contacts

- Caroline Kinsella, RN, BSN, RS, Health Director/PHN FTE
- Laura DelleChiaie, Health Agent FTE
- Susan Poirier, RN, BSN, Public Health Nurse 16hrs
- Jean Peterson, Senior Clerk 21.5hrs
Staff Contacts - Milton Substance Abuse Prevention Coalition

- Laurie Stillman: MSAPC Program Director
- Margaret Carels: Project Coordinator
- Stormy Leung: Project Coordinator
Our Board of Health

- Elected:
  - Roxanne Musto, RN-C, MS, ANP, Chair
  - Mary Stenson BSN, RN, Secretary
  - Laura Richards, Esq., Member

- Medical Advisor: Anthony Compagnone M.D.
Public Health: Prevent, Promote, Protect

- Sanitary Code Enforcement
  - Housing
  - Environmental/Nuisance
  - Rodents
  - Abandon Housing Initiative

- Food Safety
- Recreational Camps
- Pool Inspections
- Septic Systems/Title 5 Regulations
- Animal Inspector
- Tobacco Control
- Ice Rink Air Monitoring
- Body Art/Micro Blading

- Public Health Nursing Services
  - Flu Clinics/Vaccines
  - BP Clinics
  - Education
  - Communicable Disease Surveillance (MAVEN)

- MSAPC
- Emergency Preparedness

- Demolition Plan Review
- Sharps & Mercury Disposal
- Burial Permits
Sanitary Code Enforcement

- Housing Code Enforcement
- Public Health/Environmental, & Nuisance Complaints
- Rodent Complaints
Food Safety Inspections

Abby Park

The Plate

Novara

Steel & Rye
Risk-based food safety inspections of 84 permitted establishments
- Ensure compliance with MA & Federal Food Codes
- 236 Routine inspections
  Annually
- Complaint-driven inspections
- Temporary food events
- Farmer’s Market
Tobacco Control

- Inspections of retail tobacco establishments at least 1 time per year to ensure compliance with regulations
- 9 establishments in total
- Setting reasonable tobacco regulations
- Buffer zone, flavor ban, cap of retailers (in progress)
- Work with MMA and Greater Boston Tobacco-Free Community Partnership
Recreational Camp Inspections

- Ensure compliance with MA Recreational Camp Code & Christian’s Law
- Inspect counselor and children’s immunization records
- Inspect medications kept at the camp
- Ensure safety of campers by completing oversight of background checks of camp employees and volunteers
- Inspect physical facilities of camps
Public and semi-public Pool inspections

- Ensure compliance with MA Pool Code
- Milton has 8 Swimming pools and 1 Pond
- Require certification and training for lifeguards
- Availability of emergency equipment
- Require testing of swimming water for chemical and bacteria levels
Public and Semi-Public Pool Inspections

Wollaston Golf Club

Shamrock Swim Club at the Egan Center

Fuller Village
Regulation of Septic and Sewage Systems

- Plan review of wastewater disposal systems to ensure compliance with Title 5 (new construction and repairs)
- Milton is about 3% septic
- Soil evaluation and percolation test witnessing
- Tracking and record keeping of all Title 5 inspections and wastewater disposal systems as well as pumping records
- Permitting of disposal works installers and septage haulers
Regulation of Septic and Sewage Systems

Drainfield

Distribution Box Inspection

Open Hole Inspection

Open Hole Inspection
Animal Inspector

- Tracking of quarantines
- Stable Inspections
The Health Department works in collaboration with the Treasurer’s Office and the Attorney General’s office to bring abandoned properties into compliance with the State Sanitary Code 105 CMR 410.000. The AGO’s Abandoned Housing Initiative uses the enforcement authority of the State Sanitary Code to turn these properties around. If owners refuse, then AGO attorneys will petition the relevant court to appoint a receiver to bring the property up to code.
Flu Vaccine Clinics

Flu vaccines offered at several clinics, Fontbonne Academy, Pierce Middle School, Milton Senior Center, Winter Valley, Unquity House, Fuller Village, Pine Tree Brook, Town Hall, and the Milton Public Library
Surveillance of communicable infectious diseases

- Massachusetts Virtual Epidemiologic Network (MAVEN): web-based disease surveillance and case management system that is used to capture and transfer appropriate public health, laboratory, and clinical data efficiently and securely over the Internet in real-time.

- 208 confirmed, contact, suspect, or probable communicable diseases including suspect latent tuberculosis for FY 2019

- No active Tuberculosis cases at this time

- 208 diseases for FY 2019
Our Public Health Nurse offers free blood pressure clinics monthly at the Milton Public Library for residents.

She also gives monthly vitamin B-12 vaccines to two homebound residents.

She enters data for almost 1000 immunization vaccinations into the MIIS (Massachusetts Immunization Information System), every year. Susan writes a monthly health article that is published in the Milton Times.
Health Education

- Lyme and Tick Education
- Monthly Health article in the Milton Times
- Providing resources for residents
- MSAPC Referral Guide
Emergency Preparedness

- NC-8: Canton, Dedham, Milton, Needham, Norwood, Walpole, Wellesley, & Westwood
- Region 4AB
- Medical Reserve Corps
- Local Emergency Planning Committee (LEPC)
Milton Substance Abuse Prevention Coalition

Mission Statement:

The Milton Substance Abuse Prevention Coalition focuses on preventing and reducing youth substance abuse. Through a committed collaboration of diverse community members and sectors dedicated to a comprehensive and long-term approach, our efforts will foster a healthy, supportive, and compassionate town environment.

https://www.milton-coalition.org/

Instituted Interface Referral Service
To assist Milton residents in finding a mental health professional
Grants for Substance Abuse Prevention/Mental Health

- Drug Free Community Grant-Awarded $125,000/5yrs, in October 2018
- SAPC-Regional Substance Abuse Prevention Collaborative, Quincy, Braintree, Weymouth and Milton. Monthly meetings
- MA Legislative earmark of $30,000.00 sponsored by Senator Walter Timilty
- Marc Susi Grant
- CHNA Grant- Blue Hills Community Health Alliance, $25,000 Behavioral Health Grant
- Substance Abuse donations and gifts, BID Milton Hospital, First Congregational Church, East Congregational Church, Mike’s 5K, Steve Keel
MSAPC: Building Partnerships

Collaboration with Faith Based Organizations

Drug Take Back at the Milton Police Station

Mike’s 5K to Crush Substance Abuse
MSAPC: Building Partnerships

BID Hospital-Milton

Parent Speaker Series at Milton High School

Students Against Destructive Decisions
The purpose of the Partnership for a Healthy Milton INC. was to establish a non-profit organization which promotes and protects the health and wellbeing of Milton residents and the Town of Milton workforce.

Board members include: President Marian Hannan, Treasurer Casey Corcoran, Clerk Pricilla Neves, Directors Linda Hudson, Denise Carbone, Deborah Greene Muse, Dr. Jonathan Pincus and Caroline Kinsella.
Residents can purchase sharps containers and dispose of needles and sharps in our Health Department.

Residents may dispose of mercury-containing household items such as old thermometers, thermostats, and hearing aid batteries.
Ice Rink Air Monitoring

- Ice-edgers and Zambonis that are powered by gas or propane can give off dangerous fumes in indoor ice-skating facilities. The Health Department inspects Milton Academy to ensure that they are keeping proper indoor air quality records.
Body Art/Microblading

- Regulations to ensure safe body art, piercing, and microblading/micropigmentation practices in Milton
- Eyebrow microblading has presented regulatory challenge, the Health Department worked with the Cambridge Health Department to develop protocols and procedures.
Burial Permits

- A burial permit needs to be issued for every death that occurs in Milton.
- In FY 14-215 burial permits processed
- In FY 17-603 burial permits processed
- In FY 19-615 burial permits processed
- Season’s Hospice has tripled the number of deaths and tripled the amount of work it takes to process burial permits.
HHAN: Health and Homeland Alert Network

- Weekly Arbovirus Reports
- Reports of mosquitoes testing positive for EEE

Mosquito traps in Milton set up by the Norfolk County Mosquito Control District
Demolition Plan Review

- Structure and surrounding property must be inspected for rodents and wildlife by a licensed pest control operator
- Property must be pre-baited if there is activity
- Inspected for asbestos; if found it must be removed
- Any underground storage tanks must be removed
- Any other hazardous materials must be properly removed (i.e. Freon, mercury products, batteries, fluorescent light tubes, and abandoned chemicals (including fuel)).
- If the property has had a septic system or cesspool on site the system must be pumped, collapsed and filled
## Milton Board of Health FTE Comparisons 2019

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<tr>
<th>City</th>
<th>Population</th>
<th>Director</th>
<th>Deputy Director</th>
<th>Agent / Inspector</th>
<th>Community Health Social Worker</th>
<th>Public Health Nurse</th>
<th>Animal Control Officer/Inspector</th>
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**Highest Total FTE**: 15.5

**Lowest Total FTE**: 3.0
Public Health is a field that changes continually. Health department employees attend many workshops and seminars on ever changing regulations and codes that the State is mandating.