Milton Health Department
Coronavirus Updates
March 20, 2020

- The goal for the Milton Community is to slow the transmission through self-voluntary quarantine and isolation of Milton residents who have become infected with the virus.

- COVID-19 is a new disease and we are still learning how it spreads and transmits, the severity of illness, its causes and to what extent it may spread in the United States.

- Per the CDC “children do not appear to have a higher risk for COVID-19 than adults”. According to the CDC we do not know if pregnant women have a greater chance of getting sick from COVID-19 than the general public.

- COVID-19 is generally more critical to middle aged people and individuals in their 70’s 80’s and 90’s or individuals/children who have underlying medical conditions.

- Reduce exposure to COVID-19 by limiting your exposure to large gatherings over 10 people.

- If you are sick, with influenza-like symptoms, stay at home. If you have fever and or lower respiratory symptoms, call your primary care doctor (PCP). If you don’t have a PCP call the Massachusetts Department of Public Health at 1-617-983-6800, or call 211 for more information.

- As of March 20, 2020, Milton has 3 positive cases of COVID-19.

- Please check our website for links to Mental Health Resources: Interface Helpline 1-888-244-6843.

*The Health Department will update this important information daily.

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