

**TOWN OF MILTON**  
MEETING MINUTES OF THE BOARD OF HEALTH  
Monday, September 9, 2019  
Town Office Building, Baker Room

**Attending:**

Roxanne Musto, RN-C, MS, ANP, Chair  
Mary F. Stenson, BSN, R.N., Secretary  
Laura T. Richards, Esq., Member  
Caroline A. Kinsella, BSN, RN, RS, Health Director, Public Health Nurse  
Jean M. Peterson, Senior Administrative Clerk

**1. Administrative Tasks:**

The meeting was called to order. There were no bills to be signed and no citizens present to address the Board. Included in the packets were the Agenda, Minutes from the August 1<sup>st</sup> meeting, Recommendations from the Health Director, July and August reports from the Health Agent , the Airplane study titled “Does aircraft noise exposure increase the risk of hypertension in the population living near airports in France”. Minutes from August 1, 2019 were approved.

**2. MSAPC Coalition update:**

Laurie Stillman presented an update on the MSAPC. She stated that it is the end of the first year of the five year Grant and an application is submitted each year. Some accomplishments include the hiring of two project coordinator staff members, Margaret Carels and Stormy Leung and a ten hour per month youth coordinator. Ms. Stillman, along with Ms. Carels and Ms. Leung participated in three weeks of extensive CADCA training in Washington DC.

Ms. Stillman informed the Board that two substances of concern are underage drinking and marijuana use. This is due to the results derived from the “Youth Risk Behavior Survey” which had been administered several years back. A new YRBS has recently been administered which shows that marijuana use and underage drinking have decreased by 10%. However, the survey revealed that vaping has skyrocketed with Milton being above the state average. Therefore, the MSAPC will focus its efforts on decreasing vaping use as well.

Ms. Stillman discussed a new resource material which focuses on prevention tips. This and other new materials will be distributed to schools and churches. She also stated that a new Facebook site has been launched and Moore Advertising has been hired to market messages to the Town’s youth which is being paid for by Massachusetts Department of Public Health. Ms. Stillman also displayed new re-usable shopping bags with imprinted MSAPC information. Plastic bags are now banned in Milton. One thousand bags have been purchased. Ms. Stillman showed the Board a creative video which will also be launched encouraging parents to work together to combat underage drinking. Ms. Stillman described some other activities planned for the Fall season which include: Mike’s 5K; theatrical performances; speakers at the schools encouraging teens to ask for help regarding mental health concerns; a sticker shock campaign which will launch during Thanksgiving week. This is a program in which retailers are asked to include anti-drug messages on pizza boxes, bags and paper products, for example.

Ms. Stillman also reviewed the budget for year two stating that contractual professionals will be needed. She asked for the Board’s help in getting support from the Town Administrator and other staff so that the

MSAPC can hire the necessary staff to be successful. She asked about the possibility of a meeting with positive dialogue from all sides. She also announced that on September 19<sup>th</sup>, a nationally known speaker, Dr. Kevin Sabet, who worked under the Bush, Obama and Clinton administrations, will be speaking at Fuller Village for an invitation- only event for Town leaders.

**3. Deanna Rinella - micro blading permit**

Ms. Rinella addressed the Board to request a microblading permit. Ms. Rinella described her background and brought her equipment and materials with her. The Board requested copies of licenses, references, and blood borne pathogens. The Health Director informed Ms. Rinella that surrounding towns are not operating microblading businesses, but stated that she would conduct some research.

**4. Old Business:**

- Stephanie McFadden’s temporary food permit was approved.
- The owner of 42-43 Houston Ave will be required to go to Court if he does not re-paint the bathroom patch job.
- The Health Department Annual Report has been submitted.
- Airplane study discussion postponed until next meeting.
- The floors at Bruegger’s have been repaired.

**5. New Business:**

- The Health Director gave a presentation to the Select Board about the Health Department – “What we do and why we do it.” She stated that she received praise from Town Administrator Mr. Dennehy and Select Board members and he asked about publishing the presentation on the Milton Health Department website.
- In response to Select Board member Melinda Collins’ question of a “wish list”, the Board agreed that larger office space is needed and discussed submitting a letter regarding the lack of office space.
- The Health Director informed that Board of the success of the annual “Standdown” event which provides foot care to veterans.
- The Health Director was appointed Treasurer of the Council on Aging Board.
- Fall Events: Celebrate Milton, Mike’s 5K, Drug Take Back Day, flu clinics.

**6. Future Meeting Date**

The next regular meeting of the Board of Health is scheduled for October 21<sup>st</sup> at 7 p.m.

**7. Adjournment**

The meeting adjourned at 8:50 p.m.

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Mary F. Stenson, BSN, R.N. Secretary