

TOWN OF MILTON
MEETING MINUTES OF THE BOARD OF HEALTH
Monday, October 21, 2019
Town Office Building, Baker Room

Attending:

Roxanne Musto, RN-C, MS, ANP, Chair
Mary F. Stenson, BSN, R.N., Secretary
Laura T. Richards, Esq., Member
Dr. Anthony Compagnone, Medical Advisor
Caroline A. Kinsella, BSN, RN, RS, Health Director, Public Health Nurse
Jean M. Peterson, Senior Administrative Clerk

1. Administrative Tasks:

The meeting was called to order. There were no bills to be signed and no citizens present to address the Board. Included in the packets were the Agenda, Minutes from the September 9th meeting, Recommendations from the Health Director, July, August and September reports from the Health Director, the Airplane study titled "Does aircraft noise exposure increase the risk of hypertension in the population living near airports in France". Minutes from September 9th, 2019 were approved

2. Student Bola Banigbe

A candidate for Dr. of Public Health, Bola Banigbe, was in attendance for the purpose of understanding the roles of Boards of Health of various cities and towns. She is currently involved in a project for the Special Commission on Local and Regional Public Health.

3. Deanna Rinella micro-blading permit

The Board discussed the micro-blading permit application submitted by Deanna Rinella. The Health Director informed the Board that Ms. Rinella had not submitted some of her paperwork thus far and was not yet sure of a location for Ms. Rinella's business. Ms. Rinella stated to the Board that she believes that she has all of her required documents and explained that she is searching for space for her business. She stated that she is not permitted to share space with another business owner. The Board asked various questions related to plans for potential infections and after-care following microblading procedures. Member Stenson also inquired about Ms. Rinella's ideas for advertising her business. The Board informed Ms. Rinella that they will explore the policies of surrounding towns regarding permanent makeup establishments. The Health Director stated that she will do further research and find out the answers to various other questions.

4. FY 2021 Health Department budget

The Board discussed the proposed Health Department budget for 2021. Ms. Kinsella informed the Board that the Town Administrator requested that department heads cut their budgets by 3% and asked for the Board's guidance as to what can be changed, added or eliminated. The 2021 Health Department budget was distributed to the Board for review. The Board approved the budget reluctantly with the proposed cuts.

5. Food Code Pro and AFDO Grant

The Health Director explained some software options for the Health Department. She and the Health Agent had seen a demonstration of a software called "Win Wam" and did not have a favorable opinion. Food Safety Consultant, Bridget Sweet had used "Food Code Pro" which Ms. Kinsella and Ms. DelleChiaie found to be more user friendly. Ms. Kinsella informed the Board that this software would assist the Health Agent immensely. The Health Director asked if the revolving fund can absorb the \$2400 yearly cost. The Board approved the \$2400 cost for funding the Food Code Pro software. Additionally, Ms. Kinsella stated that the AFDO Grant could allow herself and the Health Agent to attend more trainings.

6. Old Business:

In response to the Selectboard's question of a "wish list" for the Health Department, The Health Director discussed with the Board as to whether they would be willing to submit a letter to the Town Administrator and Selectboard regarding larger office space for the Health Department. Also discussed was the following:

- The Annual "Standdown" event for Veteran foot care was a success.
- The Health Director will submit a letter to the Milton Times to inform of a foot care drive sponsored by the Council on Aging from November through June of next year. Donations will be used for next year's Standdown event.
- Dr. Sabet's presentation "Protecting our youth" on September 19th at Fuller Village.
- The Health Director attended the "Celebrate Milton" event on October 6th with the Public Health Nurse.
- The Health Director participated in "Mike's 5K to Crush Substance Abuse" along with the Health Agent.
- The Health Director will participate in the "Drug Take Back Day" to be held this Saturday at the Milton Police Station.
- The employee Health and Wellness clinic to be held on October 22nd, Fuller Village flu clinic to be held October 23rd and Town-wide flu clinic to be held on October 29th.
- Flu clinics have been held at Winter Valley and Pine Tree Brook.

7. New Business:

- Senator Timilty funded another \$30,000 for the MSAPC.
- The Health Director contacted Milton's nine tobacco establishments in response to the Governor's four month ban on vaping. All establishments responded favorably.
- The Health Director will attend MHOA training the week of November 6th on Cape Cod.
- The annual "Thanks for Giving" event will be held on Sunday November 24th. Lillian Cronin will be honored for her articles to the Milton Times on substance abuse issues.
- There is a new TB patient. The Health Director and Public Health Nurse are participating in direct observation therapy. The patient is required to take ten pills per day. Direct observation therapy requires the Health Department staff to observe the patient taking the medication daily and filling the pillbox weekly.
- The Health Director expressed interest in joining the Special Commission on Local and Regional Public Health Advisory Committee for a two year term.
- DFC grant year end drawdown.

8. Airplane Studies

The Board discussed the following airplane study at the October meeting: "Does aircraft noise exposure increase the risk of hypertension in populations living near France airports". The Board felt that the study was inconclusive. The Board will review "Aircraft noise on sleep disturbance in adults" at the November meeting.

9. Next meeting and Adjournment

The next regular meeting of the Board of Health is scheduled for November 25th at 7 p.m. The meeting adjourned at 9 p.m.

Mary F. Stenson, BSN, R.N. Secretary