

**TOWN OF MILTON**  
MEETING MINUTES OF THE BOARD OF HEALTH  
Monday, November 25, 2019  
Town Office Building, Baker Room

**Attending:**

Roxanne Musto, RN-C, MS, ANP, Chair  
Mary F. Stenson, BSN, R.N., Secretary  
Laura T. Richards, Esq., Member  
Dr. Anthony Compagnone, Medical Advisor  
Caroline A. Kinsella, BSN, RN, RS, Health Director, Public Health Nurse  
Jean M. Peterson, Senior Administrative Clerk

**1. Administrative Tasks:**

The meeting was called to order. There were no citizens for Citizen Speak and no bills to be signed for payment. Minutes from October 21<sup>st</sup> were approved with one minor change.

**2. Deanna Rinella micro-blading permit**

The Health Director reported that Ms. Rinella sent an email stating that she has not found available space in Milton to open her microblading business. Although she has found a suitable space in Lower Mills, she intends to remain looking for a location in Milton for her business. The Board feels that the Bylaws should be reviewed. They questioned how to handle Ms. Rinella's permit status if body art bylaws change in the meantime. Chair Musto suggested that we review the bylaws of surrounding towns.

**3. Old Business:**

The Health Director updated the Board about the following:

- She participated in Mike's 5K with the Health Agent and also in the Drug Take Back Day held at Milton Police Station. She also attended the "Thanks for Giving" service at Beth Shalom of Blue Hills where Lillian Cronin was honored for writing articles in the Milton Times relating to substance abuse.
- The flu clinics are successfully completed and the Health Department vaccinated over 337 people at the Town wide clinic. Flu vaccines continue to be given to the homebound and in the office.
- The Health Director attended the annual MHOA training in Falmouth and obtained CEUs.
- The final Health Department budget was submitted. Information Technology suggested that the new "Food Code Pro" software in the amount of \$2400.00 be reflected in the contracts line item and the Town Accountant concurred. The Health Director changed the wording to reflect this in the narrative to the Warrant Committee dated 10/25/19.
- Direct observation therapy for the TB patient continues daily from Monday – Thursday during after work hours (after 5 p.m.) for the convenience of the patient. The Health Director has been meeting the patient at their home to observe the patient taking their medication between 5:30 and 6:30 p.m.
- The Health Agent applied for an AFDO grant for \$3,000 for training opportunities. The Health Department received an email notification that the Grant was approved and must be used by December 2020.
- Select Board Vice Chair Melinda Collins asked the Board what would be at the top of the Health Department's wish list. After some discussion, the Health Director and the Board discussed the urgent

need for larger office space. It was decided that the Health Department needs larger office space for the expanding responsibilities and duties that it provides to the Milton Community. A letter was composed and unanimously signed by the Board requesting the assistance of the Select Board to explore some options within the Town Hall Office Building for relocation of the Health Department. Included with the letter were numerous photos which showed the cramped conditions inside the office.

- The Health Director received a letter from a concerned Milton resident, Liz O'Rourke regarding the particles from airplanes and potential health risks. The Health Director gave a copy to all the Board members.
- The airplane study review (effect of aircraft noise on sleep disturbance in adults) was tabled to the next Board meeting.

#### **4. New Business**

- The Health Director informed the Board that she was asked to participate on the interview panels for the Lead Nurse position for Milton High School and for the new Council on Aging Director.
- The MSAPC is conducting a "sticker shock" campaign during Thanksgiving week in which several food establishments place stickers on their packaging on substance abuse awareness. East Milton Wine, Mr. Chan's and Central liquor Mart participated in the campaign.

#### **3. Next meeting and Adjournment**

The next regular meeting of the Board of Health is scheduled for January 6, 2020 at 7 p.m. The meeting adjourned at 7:45 p.m.

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Mary F. Stenson, BSN, R.N., Secretary